Coverage Period: 10/01/2023 - 09/30/2024

Coverage for: Individual/Individual + Family | Plan Type: SFT

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go online at www.cigna.com/sp. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 1-800-Cigna24 to request a copy.

| Important Questions | Answers | Why This Matters: |
|--|--|--|
| What is the overall deductible? | For in-network providers: \$300/individual or \$600/family Co-payments don't count toward the deductible. Deductible met in July, August, September applies to current plan year and following plan year. | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> . |
| Are there services covered before you meet your deductible? | Yes. In-network <u>preventive care</u> & immunizations, office visits, diagnostic test, emergency room visits, <u>urgent care</u> facility visits, mental health services, substance abuse services, hospice outpatient services, and in-network <u>prescription drugs</u> . | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ . |
| Are there other <u>deductibles</u> for specific services? | No. | You don't have to meet <u>deductibles</u> for specific services. |
| What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ? | For in-network providers: \$5,500/individual or \$11,000/family For in-network prescription drugs: \$1,500/individual or \$3,000/family | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met. |
| What is not included in the out-of-pocket limit? | Premiums, balance-billing charges, and health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> . |

| Important Questions | Answers | Why This Matters: |
|--|--|---|
| Will you pay less if you use a network provider? | Yes. See www.cigna.com or call 1-800-Cigna24 for a list of network providers . | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do you need a <u>referral</u> to see a <u>specialist</u> ? | Yes. | This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> . |



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

| Common | | What You Will Pay | | Limitations, Exceptions, & Other |
|--|--|--|---|---|
| Medical Event | Services You May Need | In-Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Important Information |
| If you visit a health care provider's office or clinic | Primary care visit to treat an injury or illness | \$35 <u>copay</u> /visit <u>Deductible</u> does not apply | Not covered | None |
| | Specialist visit | \$55 <u>copay</u> /visit <u>Deductible</u> does not apply | Not covered | None |
| | Preventive care/ screening/ immunization | No charge Deductible does not apply | Not covered | You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. |
| If you have a test | Diagnostic test (x-ray, blood work) | 10% coinsurance/x-ray 10% coinsurance/blood work No charge Physician's Office** **Deductible does not apply | Not covered | None |

| Common | | What You Will Pay | | Limitations, Exceptions, & Other |
|--|--|---|---|---|
| Common Medical Event | Services You May Need | In-Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Important Information |
| | Imaging (CT/PET scans, MRIs) | Hospital: \$100 copay per type of procedure/day, plus 10% coinsurance Freestanding: \$100 copay per type of scan/day Deductible does not apply | Not covered | None |
| | Generic drugs (Tier 1) | \$9 copay/ retail 30 days (CVS Caremark mail order or CVS Retail only.),\$18 copay/ (CVS Caremark mail order or CVS Retail only.) 90 day prescription Deductible does not apply | Not covered | |
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.caremark.com | Preferred brand drugs (Tier 2) | \$60 copay (retail 30 days), CVS Caremark mail order or CVS Retail only. \$120 copay/ (CVS Caremark mail order or CVS Retail only.) 90 day prescription Deductible does not apply | Not covered | Maintenance drugs are not covered at retail beginning with the 4th fill of a 30-day supply. See Insurance Benefits Handbook for full list of Exclusions/Limitations |
| | Non-preferred brand drugs (Tier 3) | Not covered | Not covered | |
| | Covered Medications more than \$1,500 for a 30 days supply | \$100 copay 30 day prescription CVS\Caremark mail or CVS retail \$200 copay : CVS/Caremark mail order or CVS Retail 90-day prescription. Deductible does not apply | Not covered | |

| Common | | What You Will Pay | | Limitations Expontions 8 Other |
|---|--|--|---|--|
| Medical Event | Services You May Need | In-Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information |
| | Facility fee (e.g., ambulatory surgery center) | 10% coinsurance | Not covered | None |
| If you have outpatient surgery | Physician/surgeon fees | No charge/Radiologists and Pathologists 10% coinsurance/Surgeons and Anesthesiologists | Not covered | None |
| If you need immediate medical attention | Emergency room care | \$400 <u>copay</u> /visit <u>Deductible</u> does not apply | \$400 <u>copay</u> /visit <u>Deductible</u> does not apply | Per visit <u>copay</u> is waived if admitted. Out-of-network services are paid at the in-network cost share. |
| | Emergency medical transportation | 10% coinsurance | 10% coinsurance | Out-of-network air ambulance services are paid at the in-network cost share and deductible. |
| | Urgent care | \$35 <u>copay</u> /visit <u>Deductible</u> does not apply | \$35 copay/visit Deductible does not apply | None |
| If you have a hospital stay | Facility fee (e.g., hospital room) | 10% coinsurance | Not covered | None |
| | Physician/surgeon fees | 10% coinsurance/Surgeons and Anesthesiologists | Not covered | None |

| Common | | What Yo | What You Will Pay | |
|---|---|---|---|--|
| Medical Event | Services You May Need | In-Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information |
| If you need mental health, behavioral health, or substance abuse services | Outpatient Services | Mental/Behavioral Health: No charge/office visit (visits 1-5)** \$10 copay/office visit (visits 6-10)** \$20copay/office visit (visits 11+)** 10% coinsurance/all other services **Deductible does not apply Substance Use Disorder: No charge/office visit (visits 1-5)** \$10 copay/office visit (visits 6-10)** \$20 copay/office visit (visits 11+)** 10% coinsurance/all other services **Deductible does not apply | Not covered | None |
| | Inpatient Services | 10% <u>coinsurance</u> | Not covered | None |
| | Office visits | 10% coinsurance | Not covered | Primary Care or <u>Specialist</u> benefit |
| If you are pregnant | Childbirth/delivery professional services | \$150 copay, plus 10% coinsurance Deductible does not apply | Not covered | levels apply for initial visit to confirm pregnancy. Cost sharing does not apply for |
| | Childbirth/delivery facility services | 10% coinsurance | Not covered | preventive services. Depending on the type of services, a copayment, coinsurance or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). |

| Common | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other |
|--|----------------------------|---|---|---|
| Medical Event | | In-Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Important Information |
| If you need help recovering or have other special health needs | Home health care | No charge Deductible does not apply | Not covered | Coverage is limited to 100 days annual max. 16 hour maximum per day (The limit is not applicable to mental health and substance use disorder conditions.) |
| | Rehabilitation services | \$25 <u>copay</u> /visit <u>Deductible</u> does not apply | Not covered | Coverage is limited to annual max of 50 days for Rehabilitation, Cardiac rehab and Chiropractic care services. Limits are not applicable to mental health conditions for Physical, Speech and Occupational therapies. |
| | Habilitation services | \$25 <u>copay</u> /visit <u>Deductible</u> does not apply | Not covered | Services are covered when Medically Necessary to treat a mental health condition (e.g. autism) or a congenital abnormality. Limits are not applicable to mental health conditions for Physical, Speech and Occupational therapies. |
| | Skilled nursing care | 10% coinsurance | Not covered | Coverage is limited to 120 days annual max. |
| | Durable medical equipment | 10% coinsurance | Not covered | None |
| | Hospice services | 10% coinsurance/inpatient services No charge/outpatient services** **Deductible does not apply | Not covered | None |
| If your child needs dental | Children's eye exam | Not covered | Not covered | None |
| or eye care | Children's glasses | Not covered | Not covered | None |
| or eye care | Children's dental check-up | Not covered | Not covered | None |

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)
- Dental care (Children)

- Eye care (Children)
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care (combined with <u>Rehabilitation</u> Services)
- Hearing aids (\$3,000 maximum per ear per 36 months)
- Private-duty nursing

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.healthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u> or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Cigna Customer service at 1-800-Cigna24.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-244-6224.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-244-6224.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-244-6224. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-244-6224.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$300 |
|---|-------|
| Specialist copayment | \$55 |
| ■ Hospital (facility) coinsurance | 10% |
| Other coinsurance | 10% |

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

| Total Example Cost | \$12,700 |
|--------------------|----------|
|--------------------|----------|

In this example, Peg would pay:

| product page | | | |
|----------------------------|---------|--|--|
| Cost Sharing | | | |
| Deductibles | \$300 | | |
| Copayments | \$200 | | |
| Coinsurance | \$1,200 | | |
| What isn't covered | | | |
| Limits or exclusions | \$20 | | |
| The total Peg would pay is | \$1,720 | | |

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

| ■ The plan's overall deductible | \$300 |
|--|-------|
| Specialist copayment | \$55 |
| ■ Hospital (facility) coinsurance | 10% |
| Other coinsurance | 10% |

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits *(including disease education)*

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost \$5,600

In this example, Joe would pay:

| Cost Sharing | | |
|----------------------------|-------|--|
| <u>Deductibles</u> | \$120 | |
| <u>Copayments</u> | \$800 | |
| Coinsurance | \$(| |
| What isn't covered | | |
| Limits or exclusions | \$40 | |
| The total Joe would pay is | \$960 | |

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

| ■ The plan's overall deductible | \$300 |
|---|-------|
| Specialist copayment | \$55 |
| Hospital (facility) coinsurance | 10% |
| Other coinsurance | 10% |

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost \$2,800

In this example, Mia would pay:

| in this example, inia would pay. | |
|----------------------------------|-------|
| Cost Sharing | |
| <u>Deductibles</u> | \$300 |
| <u>Copayments</u> | \$600 |
| Coinsurance | \$70 |
| What isn't covered | |
| Limits or exclusions | \$0 |
| The total Mia would pay is | \$970 |

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

Plan Name: SUREFIT Plan Ben Ver: 29 Plan ID: 21907701

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DISCRIMINATION IS AGAINST THE LAW

Medical coverage

Cigna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Cigna does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Cigna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to ACAGrievance@Cigna.com or by writing to the following address:

Cigna

Nondiscrimination Complaint Coordinator PO Box 188016 Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to ACAGrievance@Cigna.com. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, DC 20201 1.800.368.1019, 800.537.7697 (TDD) Complaint forms are available at

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.



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Proficiency of Language Assistance Services

English - ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

Spanish - ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

Chinese - 注意:我們可為您免費提供語言協助服務。對於 Cigna 的現有客戶,請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224 (聽障專線:請撥 711)。

Vietnamese – XIN LƯU Ý: Quý vị được cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Dành cho khách hàng hiện tại của Cigna, vui lòng gọi số ở mặt sau thẻ Hội viên. Các trường hợp khác xin gọi số 1.800.244.6224 (TTY: Quay số 711).

Korean - 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자님들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주십시오. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711)번으로 전화해주십시오.

Tagalog - PAUNAWA: Makakakuha ka ng mga serbisyo sa tulong sa wika nang libre. Para sa mga kasalukuyang customer ng Cigna, tawagan ang numero sa likuran ng iyong ID card. O kaya, tumawag sa 1.800.244.6224 (TTY: I-dial ang 711).

Russian — ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).

Arabic - برجاء الانتباه خدمات الترجمة المجانية متاحة لكم. لعملاء Cigna - برجاء الاتصال بالرقم المدون علي ظهر بطاقتكم الشخصية. او اتصل بالرقم 1.800.244.6224 (TTY: اتصل ب 711).

French Creole - ATANSYON: Gen sèvis èd nan lang ki disponib gratis pou ou. Pou kliyan Cigna yo, rele nimewo ki dèyè kat ID ou. Sinon, rele nimewo 1.800.244.6224 (TTY: Rele 711).

French - ATTENTION: Des services d'aide linguistique vous sont proposés gratuitement. Si vous êtes un client actuel de Cigna, veuillez appeler le numéro indiqué au verso de votre carte d'identité. Sinon, veuillez appeler le numéro 1.800.244.6224 (ATS : composez le numéro 711).

Portuguese - ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

Polish – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

Japanese - 注意事項:日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224(TTY: 711)まで、お電話にてご連絡ください。

Italian - ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).

German – ACHTUNG: Die Leistungen der Sprachunterstützung stehen Ihnen kostenlos zur Verfügung. Wenn Sie gegenwärtiger Cigna-Kunde sind, rufen Sie bitte die Nummer auf der Rückseite Ihrer Krankenversicherungskarte an. Andernfalls rufen Sie 1.800.244.6224 an (TTY: Wählen Sie 711).

Persian (Farsi) – توجه: خدمات کمک زبانی، به صورت رایگان به شما ارائه می شود. برای مشتریان فعلی Cigna، لطفاً با شمارهای که در بشت کارت شناسایی شماست نماس بگیرید. در غیر اینصورت با شماره 1.800.244.6224 تماس بگیرید (شماره تلفن ویژه ناشنوایان: شماره 711 را شمارهگیری کنید).